

National Mental Health Month, May 2018

Proclamation

Board of County Commissioners of Burke County, N.C.

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, all Americans experience times of difficulty and stress in their lives; and

WHEREAS, prevention is an effective way to reduce the burden of mental illnesses; and

WHEREAS, there is a strong body of research that supports specific tools that all citizens can use to better handle challenges, and protect their health and well-being; and


WHEREAS, mental illnesses are real and prevalent in our nation; and

WHEREAS, with early and effective treatment, those individuals with mental illnesses can recover and lead full, productive lives; and

WHEREAS, each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental illnesses and has a responsibility to promote mental wellness and support prevention efforts.

THEREFORE, the Burke County Board of Commissioners do hereby proclaim May 2018 as Mental Health Month in Burke County, North Carolina. As the Commission Chair, I also call upon citizens, government agencies, public and private institutions, businesses and schools in Burke County to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental illnesses in its various forms and complications for daily living in wellness.

Adopted this 15th day of May, 2018.



Jeffrey C. Brittain, Chairman
Burke Co. Board of Commissioners