

Mimosa  
Christian  
Counseling  
Center

# Mimosa Centergy

*Restoring Hope Along Your Journey ...*

**UPCOMING  
EVENTS**

- Feb. 4, 2012  
Pancake breakfast at Fatz in Morganton to benefit MCCC. 7-10am \$7.00 per ticket- includes pancakes, sausage or bacon and beverage. Come and join us
- April 2012  
John, His Story presented at CoMMA by NarroWay Productions. A true Broadway type production of Christian entertainment.

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**MIMOSA CENTER 2011 - 2012**

← **Looking back** on the year 2011 MCCC experienced many changes to the ministry. Beginning with a staff of four, three therapists and one support staff person; MCCC added two more therapists, another support staff member and a fund developer. Of course with the addition of these positions many new opportunities and challenges were added. MCCC received a sizable grant that allowed our new therapists to work within the school system and it also funded the fund developer position. With the

new staff positions it seems that MCCC was preparing for growth and new ministry opportunities. However, as with any opportunity there also comes challenges. Example: Now that MCCC is committed to the Burke Co. School system there uncer-



tainties in that program and in the world of Medicaid that funds many of these students. At this point

MCCC is unsure where we will stand when all of this takes effect. Fund raising has presented it's own challenges. Today's difficult times have affected all non-profits ability to sustain past support levels. However, our annual fund-raisers like spaghetti dinners, hotdog jamborees, and yard sales along with our faithful supporters have allowed MCCC to continue ministering to and meeting the mental health needs of our community this past year. THANK YOU!

**MIMOSA CENTER 2012 AND BEYOND**

→ **Looking forward** to 2012 . As with this past year, MCCC can look forward to many new challenges in addition to dealing with those issues that have

been carried over from the previous year. Staffing, Burke County School System, funding and new ministry opportunities are still challenges that must be faced. New regulations dealing with Medicaid will

have a profound impact on how MCCC can continue to do business. To you, our faithful supporters, we ask that you continue to pray for us at MCCC as we face the coming 2012 year. Thank you for your support!

## OUT AND ABOUT

By Chuck Bean

Last June I joined Mimosa Christian Counseling Center as a Development Officer. How I got here is a story in itself, but that is for another time.

Part of the job responsibilities for the Dev. Officer is to raise funds (money) for the daily operation of MCCC. With that the D.O. must also do public/community relations, presentations and just general relationship building.

*"I know the plans I have for you, declares the Lord. They are plans for peace and not disaster, plans to give you a future filled with hope. Jer 29:11*

Now I must admit that although I am a people person and truly enjoy meeting new people, this was not by background. BellSouth/ATT Telecommunications was the career that "chose me". However, in taking on the position of Development Officer a wonderful world of opportunity opened up. I grew up on the stories of Moses, Samuel, David and the heroes of the old testa-

Little did I realize how working with MCCC would also help in my Church involvement and my worship life. Almost daily I have the opportunity to meet with people of faith, churches and church leaders, civic clubs, and those of the community who have a real desire to serve and minister to those in our community who really need our help. It is a great

ment, of the early apostles and early church fathers. I know that God can and will use the seemingly insignificant to accomplish wonderful things. But I never realized when I read the Bible verse that is used by MCCC, what a profound affect it would have on my life. Jer. 29:11 says, "I know the plans I have for you, declares the Lord. They are plans for peace not disaster, plans to give you a future filled with hope.

inspiration to work with people and organizations that have a heart for others. People that want to provide HOPE. Yes, our area has seen its share of difficulties. We have seen the furniture factories, the textile mills, restaurants and favorite eating joints and other familiar small businesses disappear. Even the government agencies

that were a main employer for our area have reduced their footprint in our community. Yet, our community, with even limited resources has continued to help those in need. What an encouragement it is to see "community" come together. Thank you for daily encouragement and HOPE as I go "Out and About" !



## PANCAKE BREAKFAST AT FATZ

Come and join us for breakfast on Saturday Feb. 4, 2012 at FATZ Restaurant on South Sterling St, Morganton. Pancakes will be served from 7:00am until 10:00am. Meal includes pancakes, sausage or bacon and beverage. A ticket is required, price per ticket is \$7.00. Tickets can

be purchased in advance at MCCC Monday through Thursday from 9am-2pm. Tickets can also be purchased at the door. This is a benefit event to raise money for the Mimosa Fund which provides funding for counseling and therapy for those who are uninsured or under-

insured. Please come and join us and invite your friends. We would love to meet you and share with you our ministry and vision for providing mental health care to our community.



**P R A Y E R   T E A M   M I N I S T R Y**

B y   D r .   J a n e   R a w s o n

Several years ago, early in the history of Mimosa Christian Counseling Center, a friend approached with a burning passion: she wanted to support Mimosa in some tangible way but was not in a position to make a monetary donation. Through prayer, she had been inspired to pray for Mimosa and offered to come on-site to do so. She arrived with her Bible and spent about an hour praying in each room, for each person who worked there, and for each person who was to participate in

Mimosa’s ministry. Since we had been having trouble with computers, she even prayed specifically for that equipment. That night, a particularly difficult therapy session took place in which there was considerable conflict between those seeking help, but the potential escalation of conflict that had been expected did not occur. Instead, all participants felt a sense of peace and were able to complete the session without mishap.

My friend was faithful in her prayer

ministry, and soon others were inspired to join her. From time to time, we joined for lunch and prayer, and the group, along with the organization, began to grow. Now various members of the community, staff, and board participate in prayer for the ministry and those it serves and for the community at large.

*If you would like to become part of our prayer team call 828-433-5600, or visit our website for more info.*

**P R E S I D E N T ’ S   C O R N E R**

This first issue of the “Mimosa Centergy” is to report and to say a sincere thank you to our supporting persons, families, and churches. As noted in this issue, 2011 was a year of great rewards and challenges that continue well into the new year 2012. The Board individually or as a group, attended several specialized Board effectiveness training events

sponsored by WNC Pathways, the Community Foundation of Burke Co. and the Community Foundation NC. Through a grant from Kate B. Reynolds, the Board approved adding new therapists specializing in services to younger children at risk. All therapists now hold a Masters or Doctorate degree. A Development Officer was added to increase awareness

in our community by sharing MCCC’s ministry with churches, service clubs and charitable organizations. New Board members Ann Blackwell of Valdese, Dr. Dave Beck of Morganton, and Susan Williams of McDowell Co. were added to reflect a broader representation and interest in our community. As always, your prayers and financial

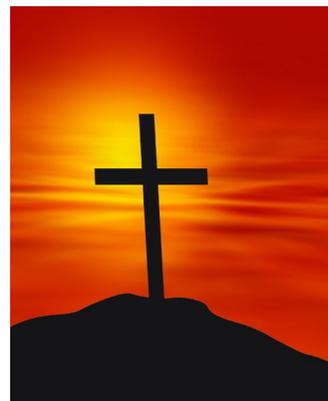
support are needed and greatly appreciated. Help us spread the good word of what Christ inspired, professional mental health counseling can do in improving the lives of people from every walk of life and share the Gospel of hope and joy with Christ as savior and friend.

**Bill Lennon**  
Board President

**J O H N ,   H I S   S T O R Y**  
**A   N A R R O W A Y   P R O D U C T I O N**

MCCC is partnering with NarroWay Productions of Fort Mill, SC in bringing a Broadway quality Christian production to CoMMA of Morganton. NarroWay “is one of the premier Christian theaters in the world”, offering original, Broadway style entertainment. NarroWay has been performing in the Charlotte area and has

been inspiring and entertaining people since 1996. Plans are to bring a production, “John, His Story” to CoMMA on April 29, 2012. Mark your calendar and make plans to join us. We will keep you updated on this event. For more info on NarroWay, go to [www.narroway.net](http://www.narroway.net) and see for yourself what an amazing opportunity this is.



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## CHRISTIAN VS SECULAR COUNSELING BY DAVID KEYES

When going out into the community to let folks know about Mimosa Christian Counseling Center, the question often comes up regarding the differences between secular and Christian counseling. There are many differences, but there are several primary ones. One of the primary differences is in the desired result. In secular counseling, the desired result is primarily related to increasing the ability of a person to function more effectively or to become more emotionally stable. In Christian counseling, the primary goal is to enable the person to heal in order that they are able to interact with God effectively, and to be able to utilize their gifting in the body of Christ. Another

primary difference is related to the empowerment of the changes within the individual. Most secular therapy sees the person as a self-empowered entity that is responsible for the changes that they need to make. In Christian therapy, the Holy Spirit works through the therapist, and within the person to facilitate the changes. The changes that the individual is able to make in this context are often much more foundational and pervasive. Obviously the individual has to make the decision to begin to change, but once this decision is made, he has the Holy Spirit that prompts him/her to know what changes are necessary, and then facilitates the process. Some of the

counseling methods may be similar, but often the homework suggested in Christian counseling will relate to the person's spiritual growth and development to promote their relationship with God and others.

